**Friday 12 Steps & 12 Traditions**

9:30 pm Korea/Japan Time

Hi, welcome to the Friday 12 Steps & 12 Traditions meeting of Alcoholics Anonymous. We will read the traditions coinciding with the month on the first Friday of the month then we will read the 12 steps. Let's have a moment of silence for the still suffering Alcoholics inside and outside of these meetings – followed by the Serenity Prayer.

I’m an alcoholic and my name’s \_\_\_\_\_\_ (wait for hellos). I’ll be the chairperson for this meeting and \_\_\_\_\_\_\_\_\_\_\_\_ is the tech host. Say hello to the tech host (wait for hellos). If you get disconnected, call aaonlinemeeting (BIG BOOK icon) from your contact list. The tech host will rejoin you to the conference call. If you’re not an alcoholic we ask that you just listen at tonight’s meeting but please join us join us in casual conversation after the meeting. Please mute your microphone when you are not sharing because it is a disturbance to the meeting. Please don’t use text box unless absolutely necessary because texting can disrupt the person who is reading or sharing. Please refrain from cross talking and texting (don’t comment on someone else’s share).

Please consider the number of people in this meeting and limit your share to allow everyone to have a chance to share. This means 3-5 minutes per share. If you are using up all the time the chairperson will ask you to ‘please wrap up your share’.

Chair reads the Preamble.

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

I’ve asked \_\_\_\_ to read the 12 steps.

The 12 steps from Chapter 5 pp. 59-60 of the book Alcoholics Anonymous

1. We admitted we were powerless over alcohol, that our lives had become unmanageable.

2. Came to believe that a Power greater than ourselves could restore us to sanity.

3. Made a decision to turn our will and our lives over to the care of God as we understood Him.

4. Made a searching and fearless moral inventory of ourselves.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. Were entirely ready to have God remove all these defects of character.

7. Humbly asked Him to remove our shortcomings.

8. Made a list of all persons we had harmed, and became willing to make amends to them all.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory and when we were wrong promptly admitted it.

11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

I’ve asked \_\_\_\_\_\_\_\_\_ to read the 12 traditions.

The 12 Traditions from the appendix p. 562 of the book Alcoholics Anonymous

1. Our common welfare should come first; personal recovery depends upon A.A. unity.

2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for A.A. membership is a desire to stop drinking.

4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

This meeting is a 12 steps & 12 traditions meeting. We will read one chapter or half a chapter (chairpersons discretion) then discuss it. Today we are on ­­­\_\_\_\_\_\_\_\_\_\_\_\_\_

[(Chair- please pick up the reading here)](https://docs.google.com/document/d/1B24NHyxrlPe_aa6MSNaVwq86DurJfgHqjqdKpKrMQEs/edit?usp=sharing)

Download the 12 Steps and 12 Traditions from the [www.aaonlinemeeting.net](http://www.aaonlinemeeting.net) and paste the chapter.

Thanks for reading! Is anyone new to Skype or AA that would like to say Hi? This is to welcome you not embarrass you. Please don’t use text box unless obsoletely necessary because texting can disrupt the person who is reading or sharing. If you are going to un-mute your microphone and say “hello” to the speaker, please do so quickly so the speaker will not be interrupted. Then mute you mike. Now we will open the meeting for discussion on what we have read or anything related to your sobriety.

10:27 Korea/Japan Time

Are there any AA related announcements?

This meeting encourages sponsorship. If you are available for sponsorship, please type yes in the text. If you need a sponsor contact one of these people. This meeting has a group conscience meeting the last Friday of every month (sobriety requirements for service positions: 3 mo chair, 6 mo host). Please attend the meeting so we can pass the message on to others. Please stick around after this meeting for a meeting-after-the-meeting and for some casual conversation.

**7th Tradition**

Our 7th Tradition states that every AA group ought to be fully self-supporting declining outside contributions. To Donate to this group, please click on the PayPal link in the chat box.

<https://www.paypal.me/aaonlinemeetings>

I’ve asked \_\_\_\_\_\_\_\_\_ to read a Vision for You.

This is a portion of Chapter 11 A VISION FOR YOU p. 164 from the book Alcoholics Anonymous.

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven’t got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

Abandon yourself to God, as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

May God bless you and keep you—until then.

Let’s say the serenity prayer.

Meeting is done.