**Friday 12 Steps & 12 Traditions**

Just before meeting, ask for 2 volunteers to read 1.**The 12 Steps** and 2.**The 12 Traditions**

9:30 pm Korea/Japan Time

Hi, welcome to the Friday 12 Steps & 12 Traditions meeting of Alcoholics Anonymous. I’m an alcoholic and my name’s \_\_\_\_\_\_ (wait for hellos). I’ll be the chairperson for this meeting and \_\_\_\_\_\_\_\_\_\_\_\_ is the tech host. Say hello to the tech host (wait for hellos). If you get disconnected, call aaonlinemeeting (BIG BOOK icon) from your contact list. The tech host will rejoin you to the conference call.

Let's have a moment of silence for the still suffering Alcoholics inside and outside of these meetings – followed by the Serenity Prayer.

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Is there anyone new to Skype or AA that would like to say hi? We’d like to welcome you to our meeting.

Is there anyone in attendance who needs meeting attendance verification at meeting’s end? (if so, ask them to put the email in the text box, and use the template at the end of this format to send the verification to that email at the end of the meeting)

**First 3 Fridays**

This meeting has two service positions - Chair and Tech Host - which are rotated every month. Please consider volunteering for one of these service positions, as this meeting cannot be held if they are not filled. On the last Friday of the month we will take 5 minutes, near the end of the meeting, to ask for volunteers for the upcoming month.

**Last Friday**

This meeting has two service positions - Chair and Tech Host. Near the end of today’s meeting, we will take 5 minutes to ask for volunteers for next month. Please consider whether you would like to volunteer for one of these positions.

At this meeting we read from the book **Twelve Steps and Twelve Traditions**. On the first Friday of the month we read and discuss the Tradition coinciding with the month; on the other Fridays we read through and discuss the 12 steps as expounded in this book.

Copy and paste the 12 steps

I’ve asked \_\_\_\_ to read the 12 steps.

The 12 steps from Chapter 5 pp. 59-60 of the book Alcoholics Anonymous

1. We admitted we were powerless over alcohol, that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.

3. Made a decision to turn our will and our lives over to the care of God as we understood Him.

4. Made a searching and fearless moral inventory of ourselves.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. Were entirely ready to have God remove all these defects of character.

7. Humbly asked Him to remove our shortcomings.

8. Made a list of all persons we had harmed, and became willing to make amends to them all.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory and when we were wrong promptly admitted it.

11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Copy and paste the 12 Traditions

I’ve asked \_\_\_\_\_\_\_\_\_ to read the 12 traditions.

The 12 Traditions from the appendix p. 562 of the book Alcoholics Anonymous

1. Our common welfare should come first; personal recovery depends upon A.A. unity.

2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for A.A. membership is a desire to stop drinking.

4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

[(Chair- please pick up the reading here)](https://docs.google.com/document/d/1B24NHyxrlPe_aa6MSNaVwq86DurJfgHqjqdKpKrMQEs/edit?usp=sharing)

Copy and paste the reading for today in the text box, if you have it on your computer; paste the link - <https://aa.org/pages/en_US/read-the-big-book-and-twelve-steps-and-twelve-traditions>   
The reading for today and the link to the online 12 &12 are found in the chat box. Today we are on Step/Tradition \_\_\_ . Who would like to begin reading?

Thank you for reading!

We will shortly open the floor for sharing on what we have read or anything to do with your alcoholism and recovery. If you’re not an alcoholic we ask that you just listen at tonight’s meeting but please join us join us in casual conversation after the meeting. Please mute your microphone when you are not sharing because it is a disturbance to the meeting.  Please refrain from cross talking and from commenting on anyone’s share or conversing in the text box - these things can disrupt the meeting. The floor is now open for sharing.

**Last Friday Only:** 10:22 Korea/Japan Time

That’s all  the time we have for sharing today, thank you to all who contributed.

We will now take volunteers for the position of **Chairperson** for next month.  Is there anyone who would like to volunteer?

Is there anyone who would like to volunteer to be **Tech Host** for the upcoming month?

Ask volunteers if they are in need of any assistance to know exactly what to do to fill the positions, and if so, ask the current host if he/she is available, and offer the pertinent info regarding chair duties.  Write down volunteers’ names and enter them into the Service Positions document on the website.

10:27 Korea/Japan Time  
That’s all the time we have for sharing today, thank you to all who contributed.

Are there any AA related announcements?

This meeting encourages sponsorship. If you are available for sponsorship, please type yes in the text box. If you need a sponsor contact one of these people.

Our brief After Meeting is offered for NEWCOMERS to ask any questions they may have, and for friendly, casual conversation. Priority to speak is given to the newcomers, and discussion about any controversial topics is to be avoided. If any two people need to talk something out, they are requested to take the conversation to a private venue.

**Copy and Paste:** <https://www.paypal.me/aaonlinemeetings>   
**7th Tradition**

Our 7th Tradition states that every AA group ought to be fully self-supporting declining outside contributions. The expenses for this group, shared with the other aaonlinemeeting groups, consist of two yearly payments to maintain the website. Any funds which exceed these expenses are forwarded within AA by the Intergroup. To contribute, please click on the PayPal link in the chat box.

There is a Group Conscience and/or Business Meeting of this, The Umbrella Group, on the last Saturday of each month, immediately after the regularly scheduled Saturday meeting, where service positions for the upcoming month will be made official and pertinent issues will be discussed. All are invited to the meeting and are welcome to express opinions and contribute to the discussion. The motions made during the meeting will be voted on by the Umbrella Group Members only. If you would like to join the Group as a member, we would be delighted to have you, just indicate your intention at the start of the meeting.

Copy and paste A Vision For You

Could we have a volunteer to read a Vision for You?

This is a portion of Chapter 11 A VISION FOR YOU p. 164 from the book Alcoholics Anonymous.

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven’t got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

Abandon yourself to God, as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

May God bless you and keep you—until then.

Let’s say the serenity prayer.

Meeting is done.

Please update the reading that was done today in the google document found at the (Chair- please pick up the reading here) link above.

**Meeting verification template:**

To whom it may concern:

\_\_\_\_\_\_\_\_\_\_(name)\_\_\_\_\_\_\_\_\_\_\_\_ attended the AA meeting at [aaonlinemeeting.net](http://aaonlinemeeting.net/) today from 2:30-3:30pm, Central European Time.  The meeting topic was readings from the book **Twelve Steps and Twelve Traditions**, and today’s reading was from pages \_\_\_\_\_-\_\_\_\_\_.

\_\_\_\_(your first name and last initial)\_\_\_\_\_\_\_\_\_\_

Meeting Chairperson