**Saturday Night As Bill Sees It Meeting**

9:30 Korea/Japan Time
Hi, welcome to our Saturday night “As Bill Sees It” meeting of Alcoholics Anonymous. As Bill Sees It is a compilation of themed excerpts from the writings of one of our co-founders, Bill W.

I’m an alcoholic, and my name’s \_\_\_\_\_. I am the chairperson for this meeting, and \_\_\_\_\_ is the tech host. Say hello to \_\_\_\_\_\_\_.

If you get disconnected and wish to rejoin, call the icon, from your contacts, that you called to get in (NOT a green join call button that may appear), and \_\_\_\_\_\_\_\_\_\_\_ (tech host) will rejoin you to the conference call.

Please mute your microphone when you are not sharing and refrain from cross talk and cross-texting. Is there anyone new to Skype or to AA that would like to introduce themselves? This is to welcome you to our meeting. Wait . . .

In keeping with our traditions, we ask that all members treat each other with kindness, consideration and respect at all times.

This is an open meeting of Alcoholics Anonymous where all are welcome. If you are not an alcoholic, we ask that you just listen at tonight’s meeting, but please join us at the aftermeeting, to ask any questions and for some friendly, casual conversation. Thank you.

**Serenity Prayer:** God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.

**Preamble:**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Copy and paste either **How it Works** or **More about Alcoholism** and ask for a volunteer to read

**How it works Chapter 5 pgs. 58-60 from the book Alcoholics Anonymous**

Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest. Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it--then you are ready to take certain steps. At some of these we balked. We thought we could find an easier, softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely. Remember that we deal with alcohol--cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power--that One is God. May you find Him now! Half measures availed us nothing. We stood at the turning point. we asked His protection and care with complete abandon. Here are the steps we took, which are suggested as a program of recovery:

1. We admitted we were powerless over alcohol-- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God AS WE UNDERSTOOD HIM.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God AS WE UNDERSTOOD HIM, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Many of us exclaimed, "What an order! I can't go through with it." Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is, that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection. Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after makes clear three pertinent ideas:
a. That we were alcoholic and could not manage our own lives.
b. That probably no human power could have relieved our alcoholism.
c. That God could and would if He were sought.

**Chapter 3 MORE ABOUT ALCOHOLISM pgs. 30-32 from the book Alcoholics Anonymous**

Most of us have been unwilling to admit we were real alcoholics. No person likes to think he is bodily and mentally different from his fellows. Therefore, it is not surprising that our drinking careers have been characterized by countless vain attempts to prove we could drink like other people. The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death. We learned that we had to fully concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed. We alcoholics are men and women who have lost the ability to control our drinking. We know that no real alcoholic ever recovers control. All of us felt at times that we were regaining control, but such intervals--usually brief--were inevitably followed by still less control, which led in time to pitiful and incomprehensible demoralization. We are convinced to a man that alcoholics of our type are in the grip of a progressive illness. Over any considerable period we get worse, never better. We are like men who have lost their legs; they never grow new ones. Neither does there appear to be any kind of treatment which will make alcoholics of our kind like other men. We have tried every imaginable remedy. In some instances there has been brief recovery, followed always by a still worse relapse. Physicians who are familiar with alcoholism agree there is no such thing as making a normal drinker out of an alcoholic. Science may one day accomplish this, but it hasn't done so yet. Despite all we can say, many who are real alcoholics are not going to believe they are in that class. By every form of self-deception and experimentation, they will try to prove themselves exceptions to the rule, therefore nonalcoholic. If anyone who is showing inability to control his drinking can do the right-about-face and drink like a gentleman, our hats are off to him. Heaven knows, we have tried hard enough and long enough to drink like other people!

Here are some of the methods we have tried: Drinking beer only, limiting the number of drinks, never drinking alone, never drinking in the morning, drinking only at home, never having it in the house, never drinking during business hours, drinking only at parties, switching from scotch to brandy, drinking only natural wines, agreeing to resign if ever drunk on the job, taking a trip, not taking a trip, swearing off forever (with and without a solemn oath), taking more physical exercise, reading inspirational books, going to health farms and sanitariums, accepting voluntary commitment to asylums--we could increase the list ad infinitum. We do not like to pronounce any individual as alcoholic, but you can quickly diagnose yourself, Step over to the nearest barroom and try some controlled drinking. Try to drink and stop abruptly. Try it more than once. It will not take long for you to decide, if you are honest with yourself about it. It may be worth a bad case of jitters if you get a full knowledge of your condition.

**[(Chair- please pick up the reading here)](https://docs.google.com/document/d/1vHtcE4_WG19_bZ3rYRYQknNaKsAUz7GuY2MY3bFkGjw/edit?usp=sharing)**

Copy and post the reading from, and the link to the pdf As Bill Sees It. <https://aaonlineen.fr/LiteratureEN/As%20Bill%20Sees%20It%20.pdf>

I’ve posted the reading for today and the link to the book in pdf, in the chat box. Who would like to read today’s reading for us?

Thanks for reading everyone. Now we will open the meeting for discussion related to the reading or anything related to alcoholism and recovery.

**First 3 Saturdays:** 10:27 Korea/Japan Time

That’s all the time we have for sharing today, thank you to all who contributed.

Are there any AA related announcements?

This meeting has two service positions - Chair and Tech Host. On the last Saturday of the month we will take 5 minutes to ask for volunteers for the upcoming month. Please consider volunteering for one of these service positions, as the meeting cannot be held if they are not filled.

**Last Saturday of month:** **10:20 Korea/Japan time**

That’s all the time we have for sharing today, thank you to all who contributed.

This meeting has two service positions - Chair and Tech Host.

**The Tech Host** establishes the conference call at least 15 minutes before and maintains the call at least 15 min after meeting. They administer the call as detailed in the "How To Tech Host" guidance found at aaonlinemeeting website. Help will be provided for anyone volunteering for the first time. Is there someone who would like to volunteer to tech host this meeting for the Saturdays of the upcoming month?

**The Chairperson f**acilitates the meeting using the current version of the format, downloaded from aaonlinemeeting website. They copy and paste the readings, they repost relevant parts when new people come into the meeting, and they update the current reading link in the format at meeting’s end. Is there someone who would like to volunteer to chair this meeting for the Saturdays of the upcoming month?

Are there any AA related announcements?

This group encourages sponsorship. If you are available to sponsor, type yes in the text box. Call these people if you need a sponsor.

Having a home group helps with continuing sobriety. In a home group, we learn to sustain friendships and serve, in and out of meetings. Choosing a home group strengthens the bond between the A.A. member and the Fellowship. There is a Group Conscience and/or Business Meeting of this, The Umbrella Group, on the last Saturday of each month, immediately after this regularly scheduled meeting, where service positions for the upcoming month will be made official and pertinent issues will be discussed. All are invited to the meeting and all alcoholics are free to express opinions and contribute to the discussion. The motions made during the meeting will be voted on by the Umbrella Group Members only. If you would like to join the Group as a member, we would be delighted to have you, just indicate your intention at the start of the meeting.

On the remaining Saturdays, a brief After Meeting is offered for **NEWCOMERS** to ask any questions they may have, and for friendly, casual conversation. **Priority to speak is given to the newcomers**, and discussion about any controversial topic is to be avoided. If any two people need to debate differing viewpoints, they are requested to take the conversation to a private venue.

Paste PayPal link - **<https://www.paypal.me/aaonlinemeetings>**

**7th Tradition**

Our 7th Tradition states that every AA group ought to be fully self-supporting declining outside contributions. To Donate to this group, please click on the PayPal link in the chat box.

Copy and paste either **The Ninth Step Promises** or **A Vision For You** and ask for a volunteer to read

**Ninth Step Promises pgs. 83-84 from the book Alcoholics Anonymous**

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them.

**A Vision for You pg. 164 from the book Alcoholics Anonymous**

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us. Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you--until then.

Let’s say the serenity prayer.

Meeting is done.

**Chair**, Please update the reading that was done today in the google document found at the (Chair- please pick up the reading here) link above.