**Thursday Came to Believe**

9:30 pm Korea/Japan Time

Welcome everyone to the Thursday Came To Believe meeting of Alcoholics Anonymous, and thank you for being at the meeting tonight.

I’m an alcoholic and my name is \_\_\_\_\_\_\_\_\_ (wait for hellos). I am your chairperson for this meeting, and \_\_\_\_\_\_\_\_\_ is your tech host. Say hello to the \_\_\_\_\_\_\_ (wait for hellos).

If you get disconnected, call the red and yellow aaonlinemeeting BIG BOOK icon from your contact list. (The tech host) \_\_\_\_\_\_\_ will rejoin you to the conference call.

Let’s start the meeting with a moment of silence for the still-suffering alcoholics inside and outside these rooms, followed by the Serenity Prayer.

Chair reads the Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Is there anyone new to Skype or AA that would like to say HELLO so we can welcome you? This is so we can get to know you better.

Is there anyone in attendance who needs meeting attendance verification at meeting’s end? (if so, ask them to put the email in the text box, and use the template at the end of this format to send the verification to that email at the end of the meeting)

This meeting has 2 service positions, Chair and Tech Host, which are rotated each month. Service is an excellent way to enhance and strengthen your sobriety, and those who volunteer for service are helping to keep this meeting open, as it cannot open without a Tech Host and Chairperson.

**\***Every Thursday ***except*** ***last*** Thursday the month: Training help is provided for those who are new to it, so even if you’ve never done so, please consider volunteering for the four Thursdays of some upcoming month, so the meeting can be here for all alcoholics seeking help. On the last Thursday of the month will take 5 minutes to ask for volunteers for the upcoming month. Thank you!

**\*Last Thursday** of the month: Training help is provided for those who are new to it, so even if you’ve never done so, please consider volunteering for the month of (next month’s name) \_\_\_\_\_\_\_\_\_\_\_ , so the meeting can be here for all alcoholics seeking help. We will take 5 minutes after sharing today, to ask for volunteers and designate them for next month. Thank you!

This is a Came To Believe meeting of Alcoholics Anonymous. We read a passage from the book Came To Believe and discuss it. Came To Believe is an AA World Services, Inc. publication that addresses the description of AA, in part, as "a spiritual program". Our cofounder Dr. Bob said "We are not bound by theological doctrine….We are many minds in our organisation." The Came To Believe booklet is designed as an outlet for the rich diversity of convictions implied in the phrase, ”God as we understand him."

Copy and Paste the passage. Post the page number with the passage.

[(Chair-please pick up the reading here)](https://docs.google.com/document/d/1F6TWzqQTDwgmQ_rzJLk7td2GRgXTEtkoxg8ktCWBtvc/edit?usp=sharing)

Ask for a volunteer to read the passage.

We will now open the meeting for discussion on the passage we just read, or anything to do with your alcoholism and recovery. We ask that you please mute your microphone when you are not sharing, as having your mike UNMUTED is a disturbance to others at the meeting. Moreover, when saying hello please do so QUICKLY so as not to interrupt the speaker. Lastly, please refrain from cross talk and cross texting; do not comment on someone else’s share, or engage in extensive conversation in the text box, so as not to disturb the other members.

**NOTE:**

If everyone has had an opportunity to share and there’s time remaining, post and discuss the next passage.

**\***Every Thursday ***except*** ***last*** Thursday the month: At **10:25pm** Korea/Japan Time -

That’s all the time we have for sharing today, thank you to everyone who contributed. Please stick around after this meeting for a meeting-after-the-meeting and for some friendly casual conversation.

**\*Last Thursday** of the month: At **10:20pm** Korea/Japan time -

That’s all the time we have for sharing today, thank you to everyone who contributed. Please stick around after this meeting for a meeting-after-the-meeting and for some friendly casual conversation.

We will now decide the Service Positions for next month’s meetings.

The duties of the **Tech Host** are to: **Establish the conference call at least 15 minutes** before and maintain the call at least 15 minutes after meeting, and to **Administer the call** as detailed in the "How To Tech Host" guidance found at the aaonlinemeeting website. Again, training and help for new volunteers is provided. Who would like to volunteer to Tech Host the meeting during the month of \_\_\_\_\_\_\_\_\_\_\_ ? Thank the volunteer and if pertinent, make sure that the current host will train them or put them in contact with someone who can train them.

The duties of **Chairperson** are to: **Facilitate the meeting** using the current version of the format, which is downloaded from the [aaonlinemeeting.net](http://aaonlinemeeting.net) website. **Copy and paste the readings**, and at meeting’s end u**pdate the google doc page** which tracks the readings done from week to week. **If you’d like to volunteer but do not have copying and pasting capacity because you’re on a cell phone, someone can be found to copy and paste for you, so don’t hesitate to step up!**  Who would like to volunteer to the Chairperson for the meeting for \_\_\_\_\_\_\_\_\_? Thank the volunteer and make sure they understand how to get to the format and google doc, and that they have a download of **Came To Believe**.

Are there any AA anniversaries this week?

Are there any AA related announcements?

This meeting encourages sponsorship. If you are available for sponsorship, please type yes in the text box. If you need a sponsor contact one of these people.

Post the following link and HOME GROUP paragraph:

<https://www.paypal.me/aaonlinemeetings>

THE HOME GROUP

For most A.A.s, membership in a home group is one of the keys to continuing sobriety. In a home group, they learn to sustain friendships; they learn also through example what service looks like and, when they are ready, they can begin to accept service responsibilities themselves. The home group affords individual A.A.s the privilege of voting on issues that affect the group and the Fellowship as a whole; it has remained, over the years, the strongest bond between the A.A. member and the Fellowship. If you would like to join this group as your home group, all that is required is to come to the monthly business and/or group conscience meeting (last Saturday of the month, immediately following the regular meeting), indicate your desire to be counted as a member, and then participate in the vote when a decision is to be made. Volunteering for service positions is not required, to be a member.

**7th Tradition**

Our 7th Tradition states that every AA group ought to be fully self-supporting declining outside contributions. The expenses for this group, shared with the other aaonlinemeeting groups, consist of two yearly payments to maintain the website. Any funds which exceed these expenses are forwarded within AA by the Intergroup. To contribute, please click on the PayPal link in the chat box.

Our brief After Meeting is offered for NEWCOMERS to ask any questions they may have, and for friendly, casual conversation. Priority to speak is given to the newcomers, and discussion about any controversial topics is to be avoided. If any two people need to talk something out, they are requested to take the conversation to a private venue.

Post and ask someone to read the ninth step promises.

THE NINTH STEP PROMISES are from pg. 83-84 of the Big Book of Alcoholics Anonymous.

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them.

**Serenity Prayer**

**Meeting verification template:**

To whom it may concern:

\_\_\_\_\_\_\_\_\_\_(name)\_\_\_\_\_\_\_\_\_\_\_\_ attended the AA meeting at [aaonlinemeeting.net](http://aaonlinemeeting.net/) today from 2:30pm-3:30pm, Central European Time.  The meeting topic was Readings from the book Came To Believe, and today’s reading was from pages \_\_\_\_\_-\_\_\_\_\_.

\_\_\_\_(your first name and last initial)\_\_\_\_\_\_\_\_\_\_

Meeting Chairperson